

Assessment of current Listening Habits

Question	Answer	If this were to mean something what could it mean?
Where have you listened to music over this past month?		
When do you not listen to music?		
How do you feel when you are not listening to music?		
How are you using music therapeutically in your life - right now?		
If you are not using music why do you think that is ?		
If music no longer existed where would you miss it the most?		
How often in a day are you actively paying attention to music?		
Is music continually playing in your home or office?		